



FEDERALLY EMPLOYED WOMEN

FEW FOR EWE

FEBRUARY 2010

PRESIDENT'S MESSAGE

Happy Valentine's Day – this month on February 14; hope you can do something for someone you love. February 4 is National Wear Red Day for American Heart Association and I encourage you to wear red. As you know, heart disease in women is the number one medical concern right now. I also encourage you to do something good for your heart – eat some more fruit and vegetables, go for a walk or a ride on a bike. Hopefully, we won't have too much more winter and we can enjoy the warmer weather of spring.

Thought: Say "Thanks" – Practicing gratitude is good for your well-being. You'll sleep better, exercise more, and even be less envious of others. You can reap all these benefits with a very small time investment: In one study, people who spent just 10 to 15 minutes writing a one-page letter of gratitude every two weeks for a six-week period experienced a significant boost in their happiness. Sincerely! (Weight Watchers Magazine).

Jana

COMMITTEES:

The following members will be:

Membership Chair	Desica Willard
Bylaws	Betty Berg and Roberta Sweeney
Program Chair/1VP	Kristina Larson
Fundraising Chair/2VP	April Armstrong
Chapter Parliamentarian	Robert Sweeney
Scholarship	

In order for our chapter to become more effective, we need to have an active board. We still need someone for Legislative, Diversity, and Compliance. Please volunteer.

Inside this issue:

Chapter News	2
Regional News	2
National News	2
Legislative	2
Parliamentarian's Corner	3
Calendar of Events	4

CHAPTER NEWS

- Except for the month of April, the chapter will meet on the second Thursday of every month with locations varying between Salt Lake City and Ogden, Utah.
- The Christmas party fundraising proceeds amount recorded in January's newsletter was incorrect. This information will be recorded in the next official treasurer's report.
- The Chapter will renew the grab bag raffles at meetings. Bring something cheap to raffle and help the chapter earn money at one or two meetings.
- Wasatch Chapter is offering a scholarship to attend the Regional Training Program in CO. Ask Jana for more details or an application form. See RTP info in Regional News.
- Starting in next month's newsletter, Wasatch Chapter will "spotlight" a member. Information will be limited to 10 lines and will increase networking and awareness.

REGIONAL NEWS

- March 18, 2011 – Rocky Mountain FEW Regional Training Program (RTP), CO Springs, CO, hosted by Columbine Chapter. Attendance is \$110 for members, \$120 for others.
- The FEW Foundation will offer a \$150 scholarship to attend the RTP. Marsha Strackney, the Regional Manager, will forward the application form and instructions sometime this month.

NATIONAL NEWS

- Grantham University offers a full college scholarship to FEW members. Grantham is an online university, so members across the nation can compete. Applications are due March 31, 2011. More information and qualifications can be located at <http://fewfoundation.org/OurProgramsandScholarships.aspx>.
- The FEW Membership Contest runs from June 1, 2010 to May 31, 2011. Prizes range from \$150 to \$1000 in gift cards. The more members you recruit, the better chance you have. To count towards the number recruited, new members must list your name as "referred by" in the membership application.

LEGISLATIVE NEWS

- Current and important! February membership meeting on 10 Feb 2011 at China Platter Restaurant, 547 W. 2600 S., Bountiful UT to hear about hot political topics affecting you.
- The new salary tables are located at: www.opm.gov/oca/11tables/index.asp. Due to a recently passed pay freeze, most federal workers' pay remained the same as in 2010.
- According to Loretta Park of the Standard Examiner on Wednesday, Jan 26th at <http://www.standard.net/topics/utah-legislature/2011/01/26/house-oks-bill-creating-official-state-firearm>, Utah is considering making the Browning M1911 handgun the official state firearm. Utah opened the 59th state legislature on January 24, 2011.
- Remember not to lobby on government time. Observe the Hatch Act.
- As always, Capwiz is available on the FEW website to contact elected representatives about issues that affect us. (Don't do this on government time)

PARLIAMENTARIAN'S CORNER – Roberta Sweeney

In last month's newsletter, we learned about leading a meeting and responsibilities of the President. This month, let's look at one position that enables the President and the meeting to function effectively. That position is that of the Secretary.

The Secretary has a number of important responsibilities **before** each meeting, **during** the meeting, in **preparing** the minutes of the meeting, and **outside** of the meeting.

Before the meeting, the Secretary send all members a “call” in advance of each meeting with information about its time, date, and location. Oftentimes, members will send proposed information, handouts, etc., to the Secretary for distribution at the meeting as well. Next, the Secretary prepares the order of business for the President. Knowing the order for the meeting and what happened at the last meeting (the minutes) is important.

At the meeting, the Secretary brings the official membership roll, a listing of the committees and their members, the Bylaws along with the Standing Rules, and recent minutes. If both the President and Vice President(s) are out, the Secretary is normally the one who will conduct the meeting or hold an election for a temporary chairman for that meeting.

During the meeting, the Secretary will (1) read minutes, correspondence, and resolutions to meeting; (2) record motions; and (3) assist with voting.

The Secretary will prepare draft minutes according to prescribed formats (yes, Roberts does address this format). These minutes do not become final or official until approved, perhaps with corrections, by the Chapter.

Outside, the Secretary keeps the group's official records – not just the minutes -- that need to be available at any time for members' review. The Secretary also conducts the Chapter's official correspondence.

While these functions are addressed in *Robert's Rules of Order Newly Revised in Brief*, it is good to remember that variations of duties can occur in Chapters where there may be more division of responsibilities.



CALENDAR OF EVENTS

FEBRUARY

February is African American History Month

February 2, 2011 – Groundhog Day

February 4, 2011 – National Wear Red Day for American Heart Association

February 10, 2011 – Membership meeting-Hot Legislative topics that affect you, 6-8 PM at
China Platter Restaurant, 547 W. 2600 S., Bountiful Utah 84010

February 14, 2011 – Valentine's Day

February 21, 2011 – President's Day

MARCH

March is Women's History Month

March 8, 2011 – Mardi Gras, followed by Ash Wednesday on March 9

March 10, 2011 – Membership meeting--FEW and Women's History Month, 5:30-6:30 (dinner)
6:30-8 PM (meeting) PepperBellys, 141 N. Main Street, Kaysville, UT 84037

March 18, 2011 – Rocky Mountain FEW Regional Training Program (RTP), CO Springs, CO

March 31, 2011 – Deadline to apply for FEW Foundation collegiate scholarships

APRIL

April is Diversity Awareness Month

April 12, 2011 – membership meeting, speaker Logan Hall on retirement planning,
Beez Café, 5410 South 1900 West, Roy, UT 84067-2909

April 7, 2011 – National NTP scholarship deadline (more info to come in Feb News & Views)

April 7, 2011 – Award submission deadline

April 24, 2011 – Easter

UPCOMING EVENTS

May – Asian American/Pacific Island Heritage Month

May 12, 2011: FEW's Grassroots Advocacy Day; Washington, D.C.

May 20-22, 2011: Living Traditions (diversity festival), SLC, UT

May 31, 2011: Membership contest deadline

July: Elections/nominations

July 18-22, 2011: NTP, Philadelphia, PA

August 26, 2011: National Women's Equality Day

September – Hispanic Heritage Month

September 24-25, 2011: Hill AFB Air Show and Open House

October 30, 2011: Wasatch Chapter 35th Anniversary