



## **FEDERALLY EMPLOYED WOMEN**

**WASATCH MOUNTAIN EXPRESS**

**April 2011**

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### **PRESIDENT'S MESSAGE**

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April showers bring May flowers, Happy Easter, and Earth Day - all rolled into this month of April. My daffodils came out of the ground a few weeks ago. I love going home and seeing their pretty yellow blooms. Hopefully, our snow will be gone soon and will have more sunny weather this month. Did you know that 61,000,000 dozen eggs (that's 732 million individual eggs!) are sold during the week leading up to Easter, a 45% increase above average weekly sales, according to The Nielsen Company. Whether you color some eggs with your children or grandchildren, you'll be one those helping buy all those eggs! April 22 is Earth Day – its easy being green. Here are 3 of 5 tips “outside the box recycling” to celebrate Earth Day and help the environment:

1. Bring old electronics – including DVD players, flat-panel TVs and computers (no matter what brand) to any Best Buy store, and their recycling partners will salvage them for free (there's a \$10 charge for TVs and monitors in some areas, but you'll get a \$10 store credit). Visit [best-buy.com/recycling](http://best-buy.com/recycling) to get a state-by-state listing of items they'll accept.
2. Pledge to give your old cell phone to [plantmyphone.com](http://plantmyphone.com). Just pop it into the prepaid mailing envelope provided. Once they receive your old phone, they'll sell the recycled materials and use the proceeds to plant trees.
3. Put your house on energy diet at [earthaid.net](http://earthaid.net), a free site that tracks your utility bills to see how much energy your home wastes. The site also suggests ways to improve energy efficiency, such as adding door draft guards to prevent heat loss or doing laundry at night to reduce the demand on power facilities during peak hours.

(Women's Day Magazine, Virginia Sole-Smith, April 2011)

Have a wonderful April!

*Jana*

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**COMMITTEES:**

The following members will be:

Membership Chair	Desica Willard
Bylaws	Betty Berg and Roberta Sweeney
Programs	Kristina Larson
Fundraising	April Armstrong
Chapter Parliamentarian	Robert Sweeney

In order for our chapter to become more effective, we need to have an active board. We still need someone for Legislative, Diversity, and Compliance. Please volunteer.

**CHAPTER NEWS**

- Jana and Desica presented on membership on March 10<sup>th</sup> at Pepperbellys.
- Wasatch Chapter had a successful Board meeting telecon on March 29, 2011.
- Wasatch Chapter FEW is holding a membership drive with other employee organizations at the Ogden IRS campus. Volunteers are needed to hand out flyers and represent few from 2-6 PM on April 6th and September 14th, 15th, or 16th.

**REGIONAL NEWS**

- The RTP was March 18<sup>th</sup> in Colorado Springs and hosted by Columbine Chapter FEW.

**NATIONAL NEWS**

- Check out the National Training Program (NTP) website at [www.fewntp.org](http://www.fewntp.org). Apply through your agency to get training credit and funding to attend the NTP and/or specific agency's meetings at the NTP. The program will be held 18-22 July in Philadelphia.

**LEGISLATIVE NEWS**

- The current Continuing Resolution expires on April 8, 2011. Without funding, federal employees could be put in a furlough status. You can help by providing input on surveys by OPM or FEW asking where money can be cut from your office safely. You can also write your congressmen and remind them why federal employees contribute to taxes and to the economy.

- FEW's grassroots advocacy day (Lobby Day) on May 12, 2011 gives members an opportunity to meet and speak with representatives in Washington. Find more information at [http://few.org/docs/newsroom/FEW\\_lobbyday11a.pdf](http://few.org/docs/newsroom/FEW_lobbyday11a.pdf).
- Remember not to lobby on government time. Observe the Hatch Act.
- As always, Capwiz is available on the FEW website to contact elected representatives about issues that affect us. (Don't do this on government time)

## **TRAINING AND MEMBER CONTRIBUTIONS**

### Types of Individual Retirement Accounts (IRAs)

(Provided by Matt Hoskins)

There are two main types of accounts that people think of when they think about retirement, traditional IRA and a Roth IRA.

The main difference is when you pay income taxes on the money you put in the plans. With a traditional IRA, you pay the taxes on the back end - that is, when you withdraw the money in retirement. But, in some cases, you may escape taxes on the front end - when you put the money into the account.

With a Roth IRA, it's the exact opposite. You pay the taxes on the front end, but there are no taxes on the back end.

And remember, in both traditional and Roth IRAs, your money grows tax free while it's in the account.

There are other differences too. While almost anyone with earned income can contribute to a traditional IRA, there are income limits for contributing to a Roth IRA. So not everyone can take advantage of them.

Roth IRAs are more flexible if you need to withdraw some of the money early. With a Roth IRA, you can leave the money in for as long as you want, letting it grow and grow as you get older and older. With a traditional IRA, by contrast, you must start withdrawing the money by the time you reach age 70½.

The TSP works more like a traditional IRA where the money that goes into it is pre-tax. When that money is withdrawn it will be taxed as ordinary income. Starting in January 2011 there will be the option to invest in a Roth TSP.

### SEXUAL ASSAULT AWARENESS MONTH

(Provided by Jana Sheehan)

--Sexual Assault is intentional sexual contact, characterized by use of force, threats, intimidation, abuse of authority, or when the victim does not or cannot consent

--The following centers provide assistance in cases of sexual assault.

- Safe Harbor Crisis Center (Kaysville): 888-874-9378 or [www.womensshelter.org](http://www.womensshelter.org)
- Rape Recovery Center (Salt Lake): 801-467-7273 or [www.raperecoverycenter.org](http://www.raperecoverycenter.org)
- Your Community Connection (Ogden): 901-394-9456

## **PARLIAMENTARIAN'S CORNER**

(Provided by Roberta Sweeney)

### The Parliamentarian' Corner – April

What is a friendly amendment and how is it handled?

This is a term many of have heard and may have wondered about. Is it something that is agreeable to all parties? Who owns the amendment?

Sometimes, while a motion is being debated, someone will offer what is termed as a “friendly amendment” to the motion; the maker of the original motion will “accept” the amendment; and the chair will treat the motion as amended. This is wrong. **Once a motion has been stated** by the chair, it is no longer the property of the mover, but of the group/assembly. Any amendment must then be adopted by the body, either by a vote or by unanimous consent.

If it appears to the chair that an amendment or any other motion is not controversial, it is proper for the chair to ask if there is “any objection” to adopting the amendment. If no objection is made, the chair may declare the amendment adopted. If even one member objects, however, the amendment is subject to debate and vote as any other amendment – regardless of whether its maker calls it “friendly” and whether the maker of the original motion endorses its adoption.

[RONR (10<sup>th</sup> Edition)]

Roberta Sweeney

## **CALENDAR OF EVENTS**

### APRIL

April is Diversity Awareness Month and also Sexual Assault Awareness Month

April 4-Jun 24, 2011 – FLTCIP Open Season-long term care insurance-  
[www.LTCFEDS.com](http://www.LTCFEDS.com)

April 4, 2011 – MLK Jr Vigil, 6-7 PM, 600 S State St, free

April 4, 2011 – Deadline to Vote on Bylaws Changes (received via email or hard copy)

April 7, 2011 – National NTP scholarship deadline (more info to come in News & Views)

April 7, 2011 – Award submission deadline

April 7, 2011 – National Start Walking Day

April 12, 2011 – membership meeting, Speaker on retirement planning, Beez Café.

April 28, 2011 – Take your daughter or son to work day

## **MAY**

May – Asian American/Pacific Island Heritage Month

May 12, 2011: Membership meeting, Compliance

May 12, 2011: FEW's Grassroots Advocacy Day; Washington, D.C.

May 20-22, 2011: Living Traditions (diversity festival), SLC, UT

May 31, 2011: Membership contest deadline

## **UPCOMING EVENTS**

July 18-22, 2011: NTP, Philadelphia, PA

August 26, 2011: National Women's Equality Day

September – Hispanic Heritage Month

October – National Disability Employment Awareness Month (NDEAM)

October 30, 2011: Wasatch Chapter 35<sup>th</sup> Anniversary

July 16-20, 2012 – NTP, Detroit, MI

## **OTHER EVENTS**

Hometown Values Magazine Information

Easter Brunch Buffet –The Gathering Place, 1100 West 7800 South, West Jordan

April 24 from 9 a.m. to 2 p.m.

Hop on over to Gardner Village for an exquisite Easter Brunch Buffet at The Gathering Place on Sunday. There will be a bountiful selection of fresh crepes and omelets, scrumptious desserts, breakfast and lunch items and even a chocolate fountain with all the trimmings. \$19.95 + tax & gratuity for adults, \$10.95 + tax & gratuity for children ages 3-11. Visit [GardnerVillage.com](http://GardnerVillage.com)

Thanksgiving Point's Annual Tulip Festival

April 15-30 – closed Sundays

\$2.00 off coupon in magazine

Thanksgiving point gardens hours Mon – Sat 10 a.m. to 8 p.m.

What a Woman wants show – April 8 & 9, 2011 – South Town Expo Center, Sandy

10 a.m. to 8 p.m. Friday, 10 a.m. to 6 p.m. Saturday

2 for 1 Admission – bring a friend