



FEDERALLY EMPLOYED WOMEN

WASATCH MOUNTAIN EXPRESS

June 2011

PRESIDENT'S MESSAGE

Welcome June – the flowers are blooming and the flowering trees are so pretty. Hopefully, we will have some days without rain so we can go outside and grill, have a picnic, or ride a bike. Here are some other suggestions for the month of June:

Better Homes and Gardens is hosting a Clean Out for Kids this month. De-clutter and have a yard sale. After the sale, send the proceeds to Share Our Strength, an organization working to end childhood hunger. For more information, go to BHG.com/cleanoutforkids.

Plan and take a vacation. Utah has some nice places to visit, including a dinosaur tour. You can go to the Cleveland-Lloyd Dinosaur Quarry, south of Price. Also, you could visit the John Jarvie Ranch, an old Butch Cassidy and the Sundance Kid hideout, which gives families a taste of the Old West. If you like Cowboy action – visit Steamboat, CO – this mountainous spot offers biking, hiking, fishing, rafting, and the hot springs for which it's named. Go to steamboat.com for info.

June is also a time for fun in the sun – so don't forget the sun-block. Remember to re-apply when you're having fun in the water. Here are some tips from Better Homes and Gardens Magazine, Jun 2011 issue:

1. Creams – These rich products moisturize as well as protect, so they're perfect when skin needs replenishment – for example, after a few days of swimming in chlorinated water.
2. Lotions – Use them at the beach, when you really can't afford to miss a spot. Their thickness makes it easy to see where you've applied.
3. Sprays – They won't leave skin (or clothes) streaky, so they're great when you're not in a swimsuit – whether you're gardening or strolling through town.
4. Gels – Stuck in a hot, crowded environment where using a spray would vex others? Try a gel instead, which is just a lightweight and cooling.
5. Wipes - Spill proof and purse-friendly, a sunscreen wipe can be a lifesaver when you unexpectedly find yourself outdoors – like when you score a sidewalk table at your favorite restaurant.
6. Sticks – If you need to touch up the part in your hair or the tips of your toes peeking out from your sandals, reach for stick, which offers precision and minimal mess.

A fun website to browse: utahpridefestival.org

Have a nice "June" month.

Jana

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COMMITTEES:

The following members will be:

| | |
|-------------------------|-----------------|
| Membership Chair | Desica Willard |
| Bylaws | Roberta Sweeney |
| Programs | Kristina Larson |
| Fundraising | April Armstrong |
| Treasurer | Becky Lyons |
| Chapter Parliamentarian | Roberta Sweeney |
| Historian | Lauri Brown |
| Disability Chair | Peggy Andreasen |

CHAPTER NEWS

- Wendy Foxley at the IRS in Ogden has been approved to receive leave donation.
- Wasatch Chapter FEW is holding a membership drive with other employee organizations at the Ogden IRS campus. Volunteers are needed to hand out flyers and represent few from 2-6 PM on September 14th, 15th, or 16th.
- A fundraiser is coming! Date not set yet, but the Chapter is considering several different fundraisers, including serving or greeting at a restaurant one night. Contact April Armstrong with fundraising ideas!
- Desica has been making great progress partnering with other employee organizations in the area. Though a date has not yet been settled, the chapter and partnering organizations will probably hold a joint diversity program with speaker Adrienne Gillespie.

REGIONAL NEWS

- The next regional board meeting will be held October 15 in Salt Lake in honor of Wasatch Chapter's 35th anniversary.

NATIONAL NEWS

- Open Season for Federal Long Term Care Insurance Program (FLTCIP) from 4 Apr-24 June, 2011.
- Submit "Each One Teach One" articles for review by National no later than June 15, 2011. "At a minimum, the stories will be selected and shared via News and Views and possibly during FEW Friday at the National Training Program."

TRAINING AND MEMBER CONTRIBUTIONS

Parliamentarian's Corner – June

Roberta Sweeney

What about procedures at board meetings? These, too, need parliamentary procedures.

If there are more than a dozen board members at the meeting, the same procedures are followed as if it were a regular meeting. However, if there are fewer members present, a more informal procedure is followed.

- + Board members do not have to stand or be recognized by the chair in order to speak or make motions.
- + Motions need not be seconded.
- + A board member may speak any number of times on a question (not just two), and motions to close or limit debate are generally not permitted.
- + A motion does not have to be pending in order to discuss a subject informally.
- + Votes can be taken initially by a show of hands.
- + If a proposal is perfectly clear to everyone, it may be voted on although no formal motion has been made.
- + In putting questions to a vote, the chairman need not stand.
- + The chairman can participate in debate just as any other board member and, subject to the custom in that particular board, can also make motions and vote.

In order for the **actions of a board to be valid**, they must be agreed to by a **majority vote at a regular meeting of the board of which every board member has been notified**, and a **quorum must be present**. If the bylaws so authorize, the board may also meet by videoconference or teleconference as long as all persons participating can see/hear each other at the same time.

An interview with Betty Berg
Jana Sheehan

Betty Berg has retired and moved to Georgia. Here are some pictures from our April 2011 meeting. We gave her a card, certificate of appreciation, and a necklace with a Utah charm on it. She was a very supportive member and I know all us will miss her.



I had a chance to speak to Betty on the phone and here is our mini-interview.

Jana: When did you join FEW?

Betty: In 1990

Jana: Why and did someone recruit you? Yes, my supervisor asked me to join. I was working as an EEO Assistant. And she asked me to join as part of my job.

Jana: Who was your supervisor?

Betty: Cathy Trentman

Jana: What have you enjoyed most?

Betty: I really enjoyed counting evaluations from Regional and National Training Programs. I learned a lot from reading the evaluations people wrote, and I enjoyed working with the other people, too. I also enjoyed doing the library book fairs. It seems like we had more participation back then and more members who came to meetings.

Jana: Have you held in positions and which ones?

Betty: Yes. I was Secretary and Nominating Chair. The past year, I have been the Bylaws Chair.

Jana: What one piece of advice would you give to someone who was interested in joining FEW?

Betty: That it is a great organization that works to improve people.



CONGRATULATIONS ON YOUR RETIREMENT BETTY AND GOOD LUCK!

CALENDAR OF EVENTS

JUNE

June – National Safety Month

June 3-4, 2011: Utah Pride Festival, Washington Square, SLC, UT

June 3-5, 2011: 4th Annual Ogden Music Festival, North Fork Park - Liberty, UT

June 9, 2011: Membership meeting, Compliance

June 11, 2011: Utah Asian Festival, South Towne Expo Center, Sandy, UT

June 23-26, 2011: Utah Arts Festival, Washington Square, SLC, UT (updated)

June 19, 2011: Juneteenth commemorating end of slavery in U.S.,

JULY

No membership meeting in July

July 4, 2011: Independence Day

July 18-22, 2011: NTP, Philadelphia, PA

AUGUST

August 9, 2011: Membership meeting

August 26, 2011: National Women's Equality Day

UPCOMING EVENTS

September – Hispanic Heritage Month

October – National Disability Employment Awareness Month (NDEAM)

October 30, 2011: Wasatch Chapter 35th Anniversary

July 16-20, 2012 – NTP, Detroit, MI